



6.7 million
Americans over
20 years of age



8.5 million
American adults
affected by 2030

21%

Heart Failure affects **6.7 million** Americans over the age of 20

By 2030, this number is expected to **rise to 8.5 million** Americans

4 pillars of GDMT



- ACE, ARB, or ARNI
- Evidence-based β -blockers
- Mineralocorticoid receptor antagonists
- Sodium-glucose co-transporter 2 inhibitors

Guideline-directed medical therapy (or GDMT) including the 4 medication classes above is strongly recommended for **heart failure patients with reduced ejection fraction**.

Guideline-directed medical therapy with a 4-drug regimen increases survival, reduces morbidity, and improves health status and patient quality of life.

+



Increases years of survival

+



Increases years free from cardiovascular death

+



Less heart failure hospitalization

+



Improves the patients' quality of life



Heart failure is the leading cause of hospitalization in adults aged 65 years and older



1 in 4 will be readmitted to the hospital within the first 30 days

Prevent Admissions and Readmission

Prevention of admissions and readmissions for Heart Failure is a main healthcare priority. The transition from hospital to home has been termed the "vulnerable period" and has been a major focus of readmission prevention efforts.

