



HFSA Heart Failure Patient & Caregiver Day 2023

Program Agenda

Friday, October 6, 2023
Cleveland, Ohio

12:00 - 1:00 PM	Lunch Lunch for attendees, HFSA Board members, speakers, and sponsors
1:00 - 1:15 PM	Welcome, Opening Remarks, and Introductions Welcome - John Teerlink, MD, President, HFSA Introduction of Partnering Patient and Provider Groups Sponsor Welcome Overview of HFSA Resources – John Barnes, CEO, HFSA
1:15 - 1:45 PM	Newly Diagnosed: Resources and Support for Patients and Caregivers Joban Vaishnav, MD, HFSA Patient Committee, Johns Hopkins University School of Medicine
1:45 - 2:15 PM	Next Steps: Exploring Medication, Devices, and Advanced Therapies Scott Lundgren, DO, University of Nebraska Medical Center
2:15 - 2:30 PM	BREAK
2:30 - 3:00 PM	Participating in Clinical Research: You Make a Difference! Nancy M. Albert PhD, CCNS, CHF, CCRN, NE-BC, FAHA, FCCM, FHFA, FAAN, Cleveland Clinic
3:00 - 3:30 PM	Living with Purpose: Strategies for Living Well Martha Abshire Saylor, PhD, RN, Johns Hopkins University
3:30 - 4:00 PM	Heart-Healthy Cooking Demonstration Jim Perko, Executive Chef and Randall Starling, MD, Professor of Medicine, Cleveland Clinic
4:00 - 4:15 PM	Closing Remarks Brittany Clayborne, Chair, HFSA Patient Committee
4:15 - 5:00 PM	Networking Opportunity for attendees, speakers, participating patient and provider organizations, and sponsors Tabletop exhibits from participating patient and provider organizations, and sponsors will be on display

Program is subject to change.



HFSA Heart Failure Patient & Caregiver Day 2023

A program of
education and
support for patients
with heart failure
and their caregivers

Join fellow heart failure patients, caregivers, and leading experts as they deliver educational sessions that will feature engaging discussions on improving the condition of heart failure.

October 6, 2023 ♥ **12:00 PM - 5:00 PM ET** ♥ **Hilton Downtown Cleveland**

How to Register

Click [here](#) or use the link hfsa.org/patientday2023 to register.

For those unable to attend, the program will be available OnDemand at a later time. *Register for the event to receive more information following Patient and Caregiver Day.*

Attendance is complimentary to all patients with heart failure and their caregivers.

Scan the QR code for more information or contact Kelly Vazquez at kvazquez@hfsa.org



Takeaways

- Hear the latest information on heart failure treatment and management for patients
- Build your knowledge so you feel empowered to discuss management and treatment options with your healthcare provider
- Walk away with valuable resources to support you in management of your heart failure

Thank You to Our Supporters

Gold Level



Silver Level



Bronze Level



Cooking Demo

Learn how to implement the power of culinary medicine firsthand during a live cooking demonstration using heart-healthy foods to reduce added sugars, sodium, and fats in your meal preparation. Conducted by Cleveland Clinic Executive Chef Jim Perko.



hfsa.org/patientday2023

Hosted by

