

HCM can masquerade as other illnesses with nondescript symptoms.¹ Clinical criteria that may raise suspicion for HCM include symptoms, systolic ejection murmur during routine examination, and EKG abnormalities. Cardiac imaging aids in the diagnosis of HCM.^{2,4}

Some common symptoms of HCM^{1,3}

- Dyspnea
- Fatigue
- Chest pain
- Syncope
- Palpitations

Some common EKG abnormalities suggesting HCM⁴

- ST-T wave changes
- Deep Q waves

Systolic ejection murmur suggesting HCM^{2,4}

- Best heard over the left sternal border
- More pronounced with stress maneuvers

Common cardiac imaging measures that are important for diagnosis and monitoring progression²

- Cardiac wall thickness
- Chamber dimensions
- Systolic function
- LV apical aneurysm

Unmask the Great Masquerader

Learn more about raising the suspicion of HCM

HCM: How to Know it When You See it

ECG: electrocardiogram, HCM: hypertrophic cardiomyopathy, HF: heart failure, LV; left ventricular

1.Argulian E et al. Am J Med. 2016;129:148-52.

2.Ommen SR et al. J Am Coll Cardiol. 2020;76:e159-e240.

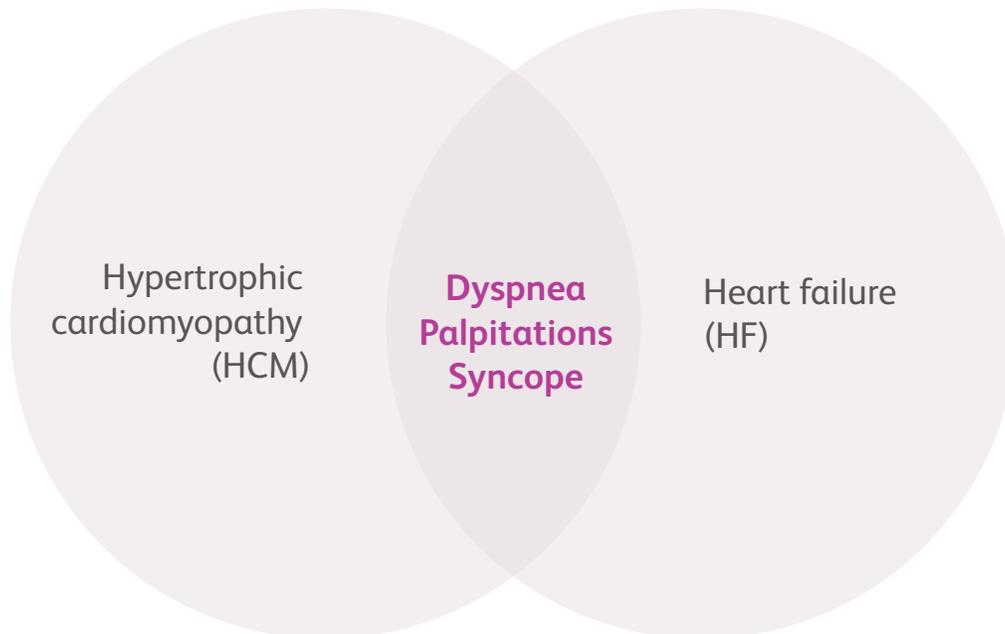
3.Wexler RK et al. Am Fam Physician. 2009;79:778-84.

4.Marian AJ et al. Circ Res. 2017;121:749-70.

Did you know HF can be a complication of HCM?

Hypertrophic cardiomyopathy (HCM) has no instantly differentiating symptoms, and, instead, can masquerade as other cardiovascular and pulmonary illnesses.¹

For example, some HCM symptoms can overlap with those of heart failure (HF):^{1,2}



BMS SYMPOSIUM

Improving the recognition of HCM and its progression to heart failure: An expert review of challenging cases

David Fermin, MD, FACC, FHFSA and Matthew Martinez, MD
Saturday, September 11, 2021 | 7:30 PM - 9:00 PM MST

Identifying HCM is critical, as this progressive disease may lead to extensive myocardial fibrosis.³ To learn more about recognizing HCM and how it can progress to HF, save the date for our case-based symposium.

1. Argulian E et al. *Am J Med.* 2016;129:148-52.

2. Cleveland Clinic. Heart failure: understanding heart failure.

<https://my.clevelandclinic.org/health/diseases/17069-heart-failure-understanding-heart-failure>. Accessed August 9, 2021.

3. Elliott PM et al. *Eur Heart J.* 2014;35:2733-79.