



HFSA Virtual Heart Failure Patient & Caregiver Day 2022

Now Available OnDemand

Virtual program of education and support for patients with heart failure and their caregivers

The 2022 Heart Failure Patient and Caregiver Day program, hosted by the Heart Failure Society of America (HFSA) is **available to view OnDemand** at your convenience.

OBJECTIVES

- Provide easy-to-understand and engaging patient education on all aspects of heart failure treatment and management
- Help patients and caregivers understand heart failure and empower them to discuss management and treatment options with their healthcare provider
- Encourage patients to utilize resources available in their community that offer support and encouragement in the management of heart failure

COOKING DEMO

Dr. Richard Collins, also known as the “cooking cardiologist,” conducted a heart-healthy cooking demonstration and co-led a discussion on managing diet, exercise, and mental health. Recipes, cooking tips, and exercises are shared to try at home.



OnDemand Access

REGISTER: To access the OnDemand content, please register [HERE](#) or use the following link: www.hfsa.org/patientday2022. The program will be available to view on the event site until mid-May 2022 and then will move to the HFSA website (www.hfsa.org).

NO COST: Access to the OnDemand program is complimentary to all patients with heart failure, their caregivers, and health professionals.

FOR MORE INFORMATION: Scan the QR code for more information or contact info@hfsa.org.



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Learn more and register at www.hfsa.org/patientday2022